



يونيو، سيّد سلطان زين العابدين
UNISZA
UNIVERSITI SULTAN ZAINAL ABIDIN



FSK



FSK GRADUATE STUDIES GUIDE BOOK

Edition 2021

**FACULTY OF HEALTH SCIENCES,
UNIVERSITI SULTAN ZAINAL ABIDIN**

POSTGRADUATE'S COMMITTEE'S FACULTY OF HEALTH SCIENCES

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1.0 INTRODUCTIONS

1.1 Universiti Sultan Zainal Abidin'S (UniSZA) Vision, Mission, Motto and Core Values

VISION

A Globally Acclaimed Preferred University

MISSION

Inspiring refined individuals proficient in management technology through academic excellence and community engagement

MOTTO

Knowledge for the Benefit of Humanity

CORE VALUES

Ethical and moral Competent and skilled Professional Collaborative Creative and Innovative
Customer-focused Responsible Caring and Sense of Belonging Reliable

1.2 Faculty of Health Science'S Vision And Mission

VISION

Faculty of Health Sciences aimed to be a centre of academic excellence in producing holistic health professionals

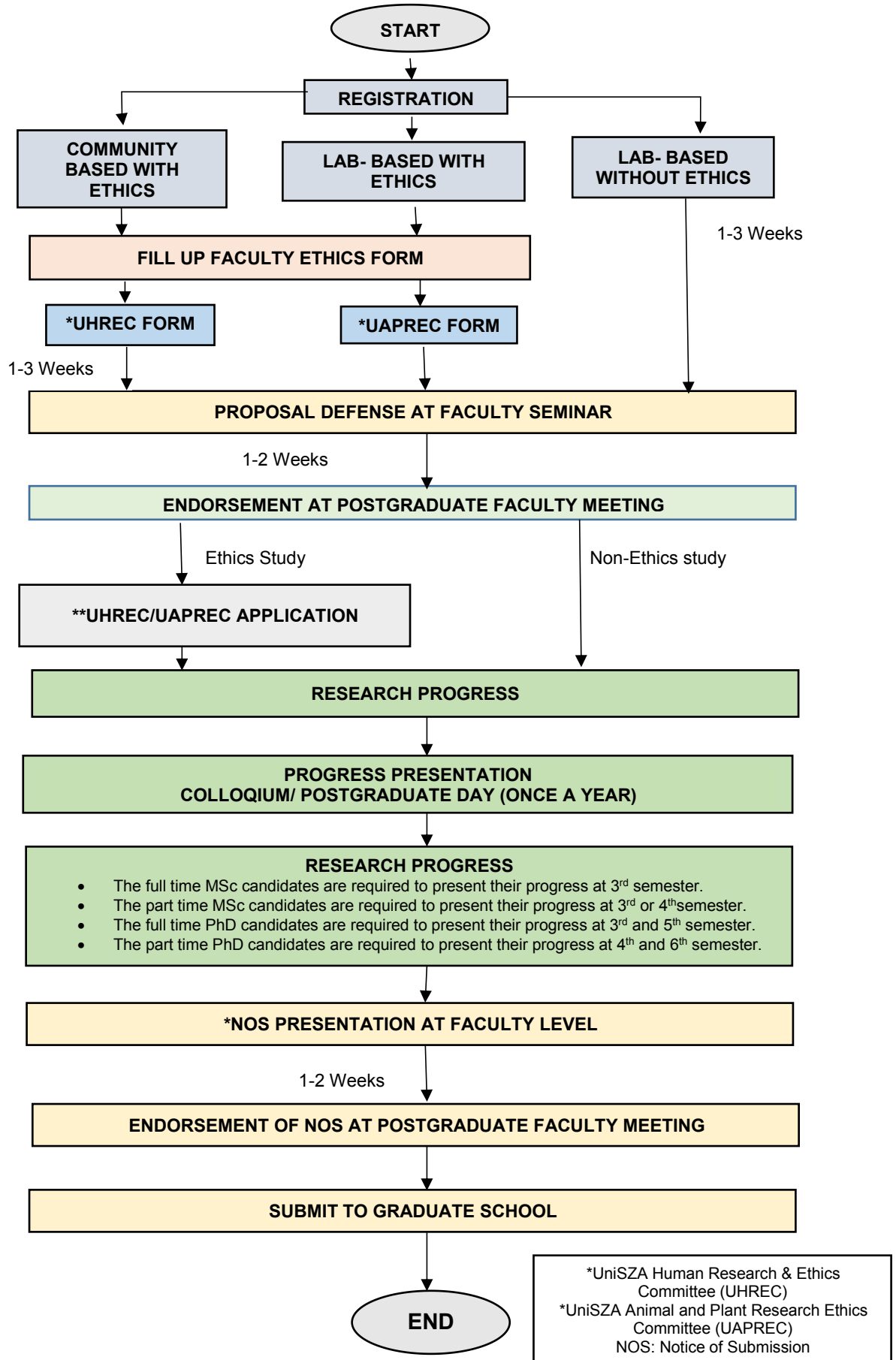
MISSION

To produce refined and proficient health science graduates in line with the needs through academic and research excellence

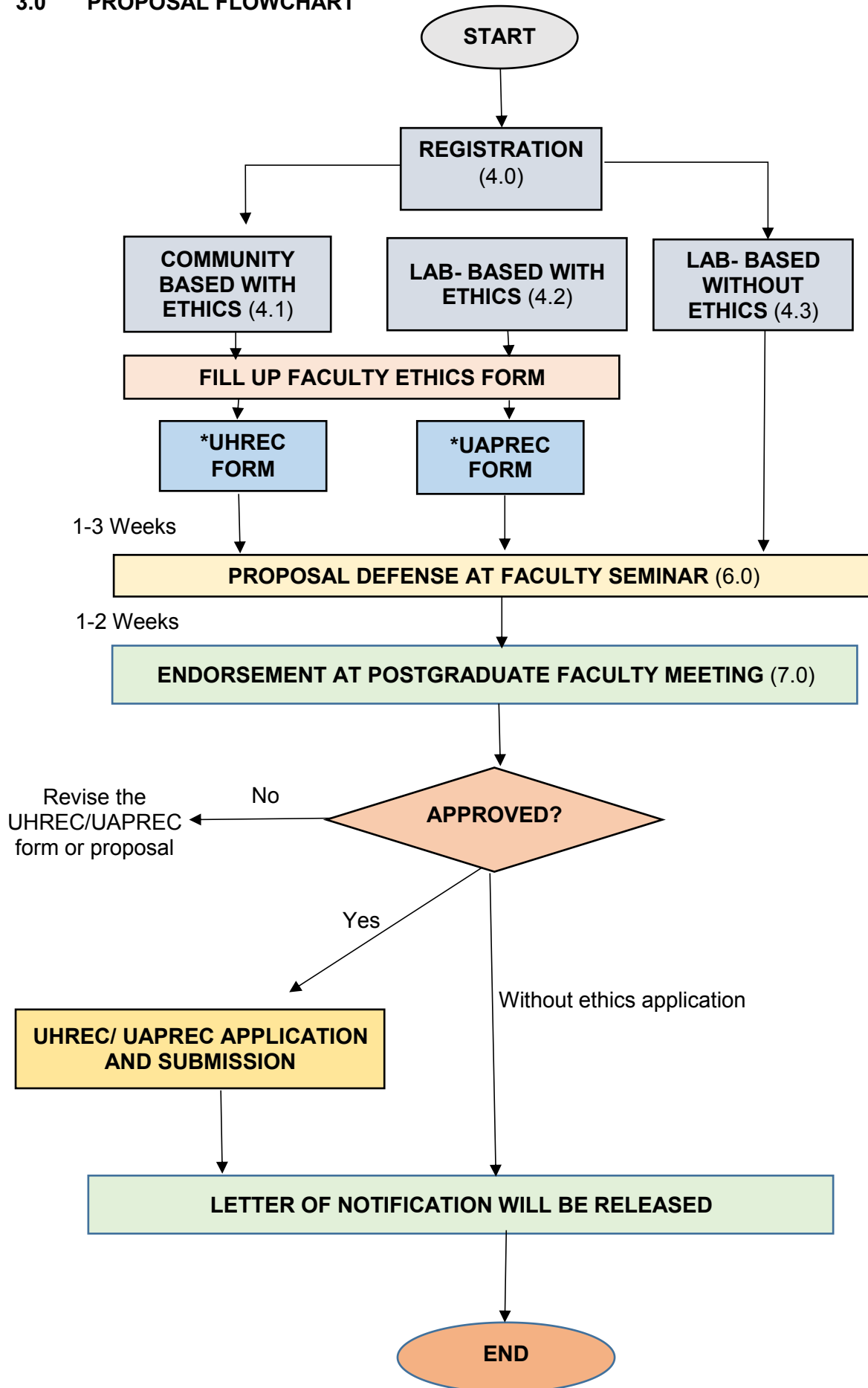
1.3 Purpose of FSK Graduate Guide Books

This Guide Book should be used as a reference for all students who enroll in Faculty of Health Sciences (FSK), UniSZA's graduate study programs by Research Mode. It also serves as a guideline for any supervisors to design and implement their respective postgraduate students.

2.0 POSTGRADUATE STUDY FLOWCHART



3.0 PROPOSAL FLOWCHART



4.0 REGISTRATION AT FACULTY

Upon registration at faculty, the candidate will be provided with the form based on the nature of the study. Candidates are compulsory to attend whole session of workshop in research methodology organized by PPS to obtain the certificate.

Candidates are required to provide for faculty's record:

- A copy of offer letter
- A copy of IELTS (for international students)
- A copy of IC/ passport
- A copy of qualification certificate (BSc, MSc)

5.0 NATURE OF STUDY

5.1 Community Based with Ethics:

The study involves human samples such as blood, DNA, archived samples and community that is required for human ethics approval by UniSZA Human Research & Ethics Committee (UHREC). The UHREC form can be obtained from Faculty of Health Science Website.

5.2 Laboratory Based with Ethics:

The study involves animal or prohibited plant that is required for ethics approval from UniSZA Animal and Plant Research Ethics Committee (UAPREC). The UAPREC form can be obtained from Faculty of health Science Website

5.3 Laboratory Based without Ethics:

The study involves cell lines, bacteria, food analysis, simulation/models, product formulation that is not required for ethical approval but also require to fill up the non-ethical form which can be obtained from Faculty of Health Science website.

6.0 PROPOSAL DEFENCE AT FACULTY SEMINAR

The full time MSc candidates are required to defend their proposal within **1-2 semester** of the study duration.

The part time MSc candidates are required to defend their proposal within **2-4 semester** of the study duration.

The full time PhD candidates are required to defend their proposal within **1-3 semester** of the study duration.

The part time PhD candidates are required to defend their proposal within **2-5 semester** of the study duration.

Two reviewers will be appointed for ethics application and proposal defence. Prior to faculty seminar, the reviewers will be given 1-3 weeks for reviewing the ethics application. The comments will be highlighted during the proposal presentation.

The faculty seminar will be held on every Wednesday of week 2 in each month (Any changes is subjected to the availability of respective reviewers).

7.0 ENDORSEMENT AT POSTGRADUATE FACULTY MEETING

The evaluation process will be endorsed at PG faculty meeting. The PG faculty meeting will be held on every Wednesday of week 4 in each month. The candidate is advised to make amendment according to the comments in the proposal as well as ethics application form before submitting to UHREC or UAPREC. Letter of notification will be released for ethics application purpose.

8.0 PROPOSAL

8.1 Written Proposal Guideline

The format of a research proposal should contain at least these elements:

- Title of thesis
- Literature review
- Problem statements
- Justification of study/ Significance of study
- Objectives
- Methodology.

8.2 Proposal Presentation Guideline

The candidate is advised to present their proposal within 20-30 minutes only. The presentation should be to the point, concise and focusing on actual purpose. Maximum is 25-30 slides.

9.0 PROGRESS PRESENTATION

Colloquium will be held once a year in October. Candidates are advised to present their research progress at the colloquium with at least **ONE (1)** times for MSc candidate and **TWO (2)** times for PhD's candidate throughout their study period.

The full time MSc candidates are required to present their progress at **3rd semester** of the study duration.

The part time MSc candidates are required to defend their progress at **3rd or 4th semester** of the study duration.

The full time PhD candidates are required to defend their progress at **3rd and 5th semester** of the study duration.

The part time PhD candidates are required to defend their progress at **4th and 6th semester** of the study duration.

The format of a progress presentation should contain this elements:

- Introduction/ Background of study
- Study Objectives
- Gantt Chart
- Finding/ Results (up-to-date and must be synchronized with specific objectives)
- Problem/Obstacle
- Planning

10.0 FAST TRACK PROGRAMME

Candidates with fast track or conversion from master to doctorate program are required to present the research progress within 2 semester of the study. Candidates should

- i. present their research progress evaluated by evaluation committee for 20-minute presentation.
- ii. provide THREE (3) copies of progress report evaluated by THREE (3) evaluation committee, which consists of:
 - a. Chapter 1 – Introduction
 - b. Chapter 2 – Literature Review
 - c. Chapter 3 – Methodology
 - d. Chapter 4 – Results and Discussion (progress)
 - e. Chapter 5 – Conclusion
 - f. References
- iii. Provide at least **ONE (1)** published/accepted article in ISI/SCOPUS/ERA indexed journal that is relevant to the field of research.
- iv. Provide an evidence of proposal defence and participation in research methodology workshop.

11.0 NOTICE OF SUBMISSION (NOS)

11.1 Notice of Submission Guideline

- i. Candidates who entitled to submit their NOS must present their study at faculty seminar prior to be endorsed at the PG faculty meeting. Two (2) reviewers will be appointed for this presentation. The selection of the reviewers is based on the related field and they are not candidate for viva examiners (Refer MQA Standard Postgraduate Programme). Any amendment should be made according to the comments raised by reviewers during the presentation.
- ii. Candidate should fulfil the following criteria:
- iii. Thesis shall be submitted **within three (3) months** starting from the Senate approval
- iv. Fulfilled the minimum duration of study (MSc: **ONE (1) year/ PhD: TWO (2) years** from date of registration).
- v. Attended and passes the whole session of Research Methodology Course conducted by Postgraduate School of UniSZA.
- vi. Fulfilled the minimum requirement of **TWO (2)** presentation for MSc candidates and **THREE (3)** presentation for PhD candidates at faculty/seminar/conference/etc..
- vii. Published articles:
 - **Register Semester II Session 2015/2016 (February 2016)**

Published two (2) articles for PhD and one (1) article for MSc in indexed journals related to the field of study.
 - **Register Semester I Session 2019/2020 (September 2019)**

Two (2) articles for PhD and one (1) article for MSc in indexed journals related to the field of study. The candidate must main author or corresponding author.

➤ **Register Semester I, Session 2020/2021**

- i. PhD Candidate
 - **Two (2)** indexed Scopus/ISI OR
 - **One (1)** indexed Scopus/ISI and **two (2)** other indexed articles
- ii. Master Candidate
 - **One (1)** indexed Scopus/ISI OR
 - **Two (2)** other indexed articles

* The candidate must main author or corresponding author.

Candidate should provide:

- i. Published articles
- ii. Certificate of attendance for research Methodology workshop organized by Graduate School of UniSZA
- iii. Receipt of payment
- iv. Abstract in Malay and English
- v. Evidence of presentation at faculty/seminar/conference/etc

11.2 Notice of Submission Flowchart

The candidate has been fulfilled the requirements:

Thesis shall be submitted within three (3) months starting from the Senate approval
 Fulfilled the minimum duration of study
 Attended the whole session of Research Methodology Course conducted by Postgraduate School of UniSZA.
 Fulfilled the minimum requirement of **TWO (2)** presentation for MSc candidates and **THREE (3)** presentation for PhD candidates at faculty/seminar/conference/etc.
 Published articles:

Register Semester II Session 2015/2016 (February 2016)
 Published two (2) articles for PhD and one (1) article for MSc in indexed journals related to the field of study.

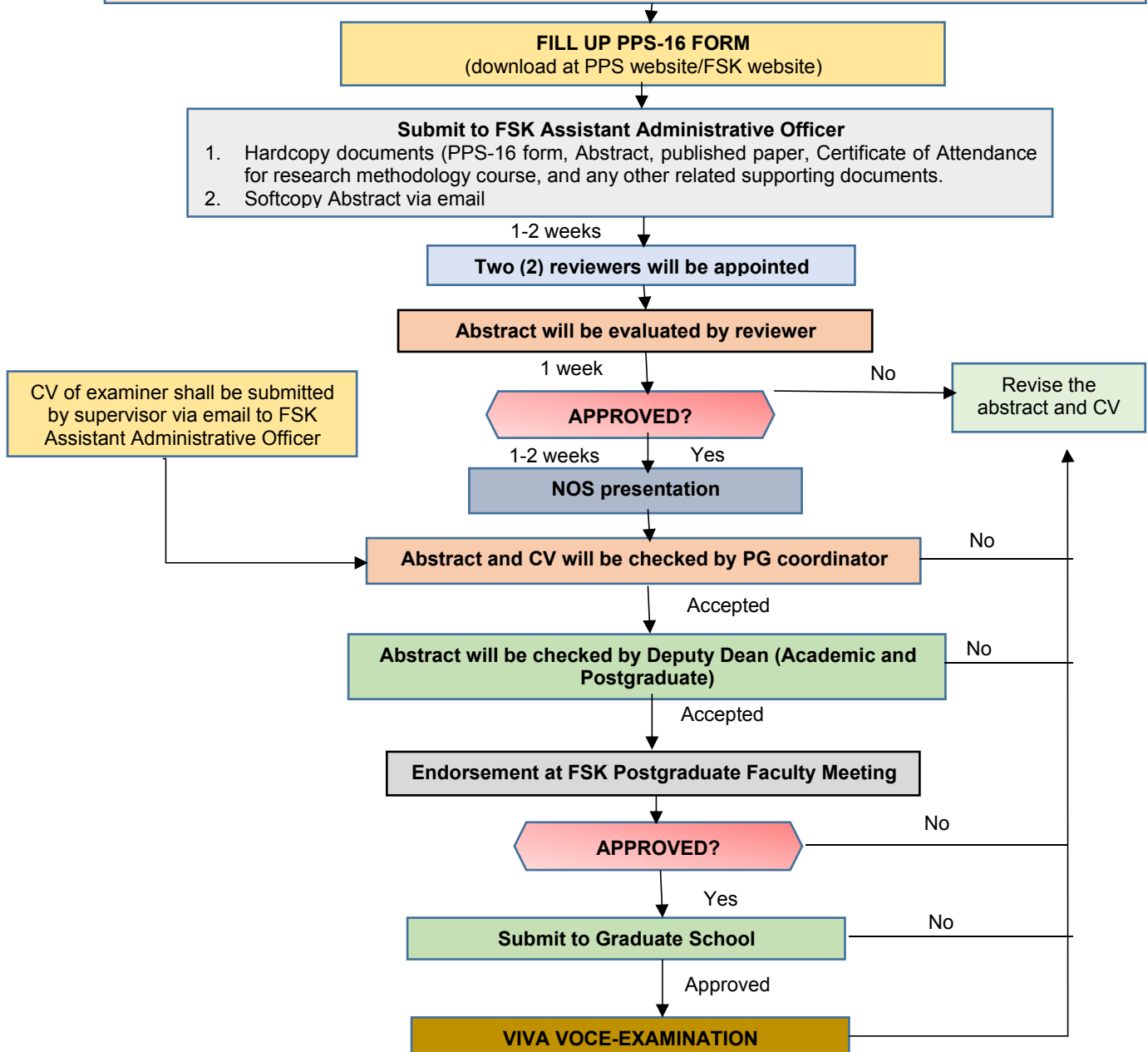
Register Semester I Session 2019/2020 (September 2019)
 Two (2) articles for PhD and one (1) article for MSc in indexed journals related to the field of study. The candidate must main author or corresponding author.

Register Semester I, Session 2020/2021

PhD Candidate
 Two (2) indexed Scopus/ISI or
 One (1) indexed Scopus/ISI and two (2) other indexed articles

Master Candidate
 One (1) indexed Scopus/ISI OR
 two (2) other indexed articles

* The candidate must main author or corresponding author.



12.0 FORMAT OF ABSTRACT

This new format for Abstract applies to students who send their 'Notice of Submission' from Semester I 2019/2020 onwards. Candidates **MUST** ensure that the abstract translated into the Malay version is consistent to the English version abstract. The candidates can get an abstract template from FSK Assistant Administrative Officer. Please refer to Appendix C.

ABSTRACT GUIDELINES

BIL	TAJUK	KANDUNGAN
1	Tajuk	Maksimum 15 patah perkataan tidak termasuk kata penghubung Nama khas dikira satu perkataan (contoh: Universiti Sultan Zainal Abidin)
2	Pengenalan	Pengenalan ringkas Permasalahan kajian Tujuan/Objektif kajian
3	Metode	Pendekatan/ Reka bentuk kajian Pensampelan (jika berkaitan) Pengumpulan data (jika berkaitan) Analisis data/ Pembuktian teori, istilah, teknologi, tafsiran, produk atau penilaian
4	Keputusan	Dapatan kajian
5	Kesimpulan	Sumbangan kajian Implikasi (jika berkaitan)
6	Jumlah patah perkataan minimum: 300-500 words	

NUM	TITLE	CONTENT
1	Title of Research	Maximum of 15 words, not including connecting words Proper noun is considered as one word (ex: Universiti Sultan Zainal Abidin)
2	Introduction	Brief introduction Problem statement Purpose/ objectives of study
3	Methodology	Approach/ Research design Sampling (if related) Data collection (if related) Data analysis/ Evidence of theory, terminology, technology, interpretation, product of assessment
4	Result	Findings
5	Conclusion	Contribution of study Implication (if related)
6	Total word count: 300-500 words	

13.0 CURRICULUM VITAE OF EXTERNAL EXAMINER

The supervisor must complete the examiner's CV before being sent to the admin and shall be submitted two (2) weeks earlier before NOS presentation. The CV must follow the format set by Graduate School. The CV template can be retrieved from the FSK Assistant Administrative Officer. Non-compliance with the format will cause candidate application to be delayed or rejected.

14.0 FORMS SUBMISSION

All applications must be submitted to the FSK Assistant Administrative Officer **by the 15th of the month** for each month to be processed. The late submission (after 15th) will be processed on the following months.

15.0 RUBRIC FOR PROPOSAL/ PROGRESS/ NOTICE OF SUBMISSION PRESENTATION

All candidates are required to use the rubric that has been provided as a reference before the presentation. Please refer to the attachment provided in the Appendix section.

Appendix A: Rubric for presentation

Appendix B: Rubric for abstract (Notice of submission only)

Appendix C: Examples of abstract

APPENDIX A: RUBRIC FOR PRESENTATION

Aspects
1. Title of Thesis
- Relevance of thesis title
- Maximum of 15 words, not including connecting words
2. Theoretical Background
- Clear statement and justification of the aims of the research
- Understanding of theoretical / historical context
- Hypotheses/research question(s)
- Overall comprehensiveness
3. Methodology
- Appropriateness of method selected for study (Sample, procedures, measures, data analytic plans)
- Understanding of methods
4. Data Analysis
- Analysis
- Comprehension of analytical techniques used
- Relation of outcome to hypothesis / research question(s)
5. Creative Work (if relevant)
- Embodied meaning
- Insight, originality, communication
6. Scope
- Scope of work in relation to degreesought
7. Interpretation and analysis of results (if relevant)
- Interpretation of results
- Appreciation of strengths and limitations of study and its underlying assumptions
8. Conclusions
- Summary
- Appreciation of significance
- Contribution to professional knowledge
9. Quality of presentation
Overall organisation, clarity, conciseness
Quality of presentation
Capacity to answer questions

APPENDIX B: RUBRIC FOR ABSTRACT

For Notice of Submission only

Aspects
1. Introduction
- Introductory statement are concise and engaging
- Problem statement is clear and relevant
- The significance of the research; objectives are relevant and clear
2. Methodology
- A concise description of the research design.
- An appropriate sampling method (if related)
- A clear and concise data analysis
3. Data Analysis
- Significant findings
- Data presented in a logical manner.
- Important data is highlighted
4. Conclusion
- The conclusion is engaging and restates the thesis
- Concise conclusion (Contribution of study the study to the discipline)
- Clear and relevant implication (If related)
5. Format
- Appropriate verb/tense
- The abstract bilingual (Bahasa Melayu - English or Bahasa Melayu - Arabic)
- Scientific terms used consistently
- Corresponding abstract (Bahasa Melayu - English or Bahasa Melayu - Arabic) is acceptable scholarly standard
- All aspects in the appropriate format (refer to Graduate School template)

APPENDIX C: EXAMPLE OF ABSTRACT

NAMA PELAJAR: NURUASLIZAWATI BINTI AYOB

PEMERIKSA LUAR: PROF. DR. SITI HAJAR BINTI ABU BAKAR AH (UM)

(Abstrak versi BM diletakkan sebelum Bahasa lain. Format abstrak pelajar wajib mematuhi format yang telah ditetapkan UniSZA)

PENGETAHUAN DAN PENGALAMAN INDIVIDU YANG BERKAHWIN TERHADAP KEGANASAN RUMAH TANGGA

ABSTRAK

Pengenalan: Keganasan rumahtangga merupakan satu masalah sosial yang serius dan mampu memberi kesan kepada kesihatan mahupun kesejahteraan hidup seseorang. Statistik Keganasan Rumahtangga yang dikeluarkan oleh Polis Diraja Malaysia (PDRM) menunjukkan bahawa terdapat peningkatan dalam laporan mengenai keganasan rumahtangga yang berlaku sepanjang tahun 2014-2017. Justeru satu kajian mengenai keganasan rumah tangga dilakukan untuk mengenalpasti tahap pengetahuan responden tentang keganasan rumahtangga, menganalisis bentuk keganasan yang pernah dialami oleh responden dan mencadangkan intervensi sosial yang sesuai bagi meningkatkan tahap kesejahteraan hidup masyarakat berdasarkan hasil kajian yang diperolehi. **Metode:** Kajian ini menggunakan reka bentuk kuantitatif melalui kaedah tinjauan untuk mendapatkan data kajian. Kajian ini dilakukan di Negeri Terengganu dan Kelantan melalui teknik persampelan pelbagai peringkat. Borang soal selidik telah diedarkan kepada 390 orang responden menggunakan teknik persampelan bertujuan dan rawak mudah. Teknik lapor sendiri telah digunakan dan dianalisis melalui perisian *Statistical Package for the Social Science* (SPSS) versi 22 dan diolah menggunakan analisis berbentuk deskriptif dan inferensi. Ujian statistik yang digunakan dalam kajian ini ialah Ujian-T, ANOVA, korelasi dan regresi. **Keputusan:** Dapatan kajian yang diperolehi menunjukkan bahawa responden mempunyai tahap pengetahuan yang tinggi mengenai isu keganasan rumah tangga. Dari segi bentuk keganasan yang dialami, didapati bentuk keganasan yang paling dominan berlaku dalam sesebuah rumahtangga adalah keganasan berbentuk fizikal. Kajian ini mendapati bahawa terdapat perbezaan yang signifikan di antara responden lelaki dan wanita terhadap bentuk keganasan rumah tangga yang dialami oleh mereka. Golongan wanita didapati lebih cenderung mengalami keganasan rumah tangga berbanding lelaki disebabkan oleh kuasa dan kawalan yang dimiliki oleh kaum lelaki. Kepelbagaian dalam faktor sosio demografi diuji bagi memastikan terdapat kepentingan pembolehubah bebas ini dalam membentuk keganasan yang dinyatakan. Daripada hasil kajian yang diperolehi, didapati status perkahwinan, jenis pekerjaan, dan pendapatan isi rumah mempunyai hubungan dengan bentuk-bentuk keganasan yang wujud. **Kesimpulan:** Sebagai tindakan susulan terhadap penemuan kajian, dicadangkan pendekatan berbentuk atas ke bawah dan bawah ke atas dipergiatkan dengan melipatgandakan promosi atau program kesedaran ke atas setiap lapisan masyarakat supaya isu mengenai keganasan rumah tangga dapat diatasi secara bersepadu dan masyarakat lebih berani untuk tampil dan melaporkan kes keganasan rumah tangga yang berlaku kini. Intervensi ini adalah sangat penting untuk mengurangkan masalah keganasan rumah tangga yang berlaku, mewujudkan masyarakat yang mempunyai ikatan yang utuh, mengembalikan kefungsi keluarga serta mewujudkan suasana yang harmoni dalam keluarga.

KNOWLEDGE AND EXPERIENCE OF MARRIED PERSONS ON DOMESTIC VIOLENCE

ABSTRACT

Introduction: Domestic violence is a serious social problem and can affect the health and well-being of individuals. The statistics from the Royal Malaysian Police (PDRM) showed that there was an increasing number of domestic violence cases from the year 2014 to 2017. Thus, a study on domestic violence was carried out to identify the level of knowledge about domestic violence, analyze the forms of violence experienced by respondents and suggest appropriate social interventions for improving the well-being of society based on the research findings. **Methodology:** This study utilised a quantitative approach to gather data by conducting surveys. The study was conducted in Terengganu and Kelantan by using multistage sampling techniques. The questionnaire was distributed to 390 respondents using simple random sampling and purposive sampling techniques. Self-report techniques were used and analyzed using Statistical Package for the Social Science (SPSS) version 22 software and processed using descriptive and inference analysis. The statistical tests used in this study were the t-test, ANOVA, correlation and regression. **Result:** The findings showed that the respondents have a high level of knowledge on the issue of domestic violence. In terms of experienced domestic violence, it was found that the most dominant form of household violence is physical violence. There were significant differences between the responses of males and females in the form of domestic violence suffered by them. Women were more likely to experience domestic violence because of the men's power and control over women. Various socio demographic factors were tested to ascertain the significance of these independent variables in manifesting the stated forms of violence. From the results of the study, it was found that marital status, type of employment and family income are related to the forms of violence. **Conclusion:** As a follow up to these research findings, it is suggested that the top down and bottom up approaches should be intensified by increasing promotional and awareness programs to all levels of society in order to solve the issue of domestic violence in an integrated manner while also making the society to be more willing to come forward and report cases of domestic violence that have occurred. These interventions are crucial in order to reduce the issue of domestic violence, create a society that possesses a stronger bond, restore families to a functional state and to bring about a harmonious family environment.