



CURRICULUM VITAE

PROF. DR. SAKINAH HARITH

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ACADEMIC QUALIFICATION

1.	BSc Hons (Dietetics): Universiti Kebangsaan Malaysia	1996
2.	MSc (Biochemistry) : Universiti Kebangsaan Malaysia	2002
3.	PhD (Dietetics): Universiti Kebangsaan Malaysia	2006

WORKING EXPERIENCE

1.	Lecturer, Universiti Sultan Zainal Abidin	Oct 2016 - present
2.	Lecturer, Universiti Sains Malaysia	2006 – Sept 2016
3.	Dietitian, Ministry of Hospital, Malaysia	1998 - 2002

FIELD OF SPECIALIZATION

1.	Geriatric Nutrition
2.	Clinical Nutrition
3.	

PUBLICATION - List 5 Significant Journal Publications (Latest)

1.	Siti Noorkhairina S., Dariah MY., <u>Sakinah H.</u> & Monniaty M. (2016). Translation and validation of the Malay version of the Stroke Knowledge Test. <i>Journal of Arrhythmia</i> . 32: 112-118.
2.	Juliana S, <u>Sakinah H.</u> , Shariza AR & Nor Azmi Z. (2016). A tailored dietary counseling via DMT helps dietitian improves short term glycaemic control among type 2 diabetes patients. <i>Health Science Journal</i> . 10(4:4). Page 1-9.
3.	Nur Fazimah S, <u>Sakinah H.</u> , Rosminah M (2016). The Prevalence and Associated Factors of Geriatric Malnutrition in Hospital Universiti Sains Malaysia. <i>Malaysian Journal of Nutrition</i> . 22(1): 41-53.
4.	<u>Sakinah H.</u> & Tan SZ (2016). Re-evaluation of Malnutrition Risk Screening Tool-Hospital (MRST-H) for geriatric patients: a multicenter study in Peninsular Malaysia. <i>Sains Malaysiana</i> . 45(9): 1311-1317.
5.	<u>Sakinah H.</u> , Siti Nur Asyura, A & Suzana S (2016). Determination of calf circumference cut-off values for Malaysian elderly and its predictive value in assessing risk of malnutrition. <i>Malaysian Journal of Nutrition</i> . 22(3).

RESEARCH / CONSULTANCY / INNOVATION

(maximum of three (3) projects research titles or grant i.e. active/complete project)

1.	A randomized controlled trial to evaluate the effectiveness of goat milk consumption as compared to cow milk on nutritional status among paediatric with Cerebral Palsy (CP) in Kelantan. (Main researcher) Grant: Research University-USM. Active project.
2.	Evaluation of Malnutrition Risk Screening Tool-Hospital (MRST-H) for Predicting Clinical Outcomes Among Geriatric Patients in Government Hospitals. (Main researcher) Grant: Short term-USM. Completed 2016.
3.	The effectiveness of nutritional counseling for diabetic patients in Outpatient Dietetic Clinic, HUSM: a preliminary study. (Main researcher) Grant: NIH. Completed 2010.